

Go to www.planetHs.com

Self Help **planetHS** [Sign Up](#)

Sign In

Use my **ArbiterSports** account

Or

Use my Student ID instead

Email or Mobile Number

Password [Forgot password?](#)

Keep me signed in [More info.](#)

[Sign In](#)

New to PlanetHS?

[Sign Up](#)

If new start here

Both Student and parent will need to create an account
Complete steps 1-5 then click on Sign up at bottom

Sign Up

Use my **ArbiterSports** account

Or

Step 1

Who is this account being created for?

- A student
- A parent
- A staff or faculty member

Already have an account?

[Sign In](#)

You should now see Emergency Contact page to fill out. Click on update at bottom when completed

The screenshot shows the planetHS website interface. At the top left is the planetHS logo. To its right is a yellow 'Self Help' button. Further right is a search bar and several navigation buttons: 'West Valley High School', 'West Valley', and 'ArbiterGame'. Below this is a blue navigation bar with links for 'Home', 'Activity Forms', 'Athletic Forms', 'Link Account', 'Message Center', and 'Waiver Forms'. On the left side, there is a vertical menu with options: 'Account', 'Notifications', 'Password', 'Profile Picture', 'Linked Accounts', 'Sports and Activities', 'Emergency Contact' (which is highlighted in blue), and 'Deactivate Account'. The main content area has a pink header that says 'Please provide emergency contact info.' Below this, there are instructions: 'Please supply at least one emergency/alternate contact phone number.' and 'West Valley High School requires emergency telephone and contact information to be registered for every student that wants to tryout or participate in any activity or sport.' The form itself is titled 'Primary Parent / Guardian' and contains several input fields: 'First and Last Name', 'Relationship to Student' (a dropdown menu), 'Primary / Cell Phone', 'Secondary / Work Phone', 'Email Address', 'Street Address', 'City', 'State' (a dropdown menu), and 'Zip Code'. Below this section is a section for 'Secondary Parent / Guardian'.

When both student and guardian have created an account one will click on Linked accounts to send a link request to the other.

This screenshot shows the top portion of the planetHS website. It includes the planetHS logo on the left, a yellow 'Self Help' button on the right, and a blue navigation bar with the following links: 'Home', 'Activity Forms', 'Athletic Forms', 'Link Account', 'Message Center', and 'Waiver Forms'.

A close-up of the user menu on the planetHS website. The menu items are: 'Account', 'Notifications', 'Password', 'Profile Picture', 'Linked Accounts', 'Sports and Activities', 'Emergency Contact' (highlighted in blue), and 'Deactivate Account'. A handwritten purple note with an arrow points to the 'Linked Accounts' item, reading 'Click here to link'.

A close-up of the Emergency Contact form fields. It shows the pink header 'Please provide emergency contact info.', the instruction 'Please supply at least one emergency/alte', and the text 'West Valley High School requires emerger'. Below this is a section titled 'Primary Parent / Guardian' with two input fields: 'First and Last Name' and 'Relationship to Student'.

To complete forms needed click on Athletic forms or Activity forms depending on what you are participating in.

Scroll to the bottom of the page
Both student and guardian need to

Completion of These Forms is Required of Each Student

The forms below must be completed by both the student and a parent or legal guardian. Only after the Sports Director has reviewed and approved the completed forms will the student be allowed to participate in team activities.

Status Legend

- Awaiting Student Signature:** The student needs to log into their account to review and sign the form
- Awaiting Parent Signature:** The parent needs to log into their account to review and sign the form
- Pending Staff Approval:** The form is now waiting for the Sports Director at your school to review and approve the form
- Declined:** Staff has Declined the form
- Complete:** This form has been approved by the Sports Director at your school

- Parent/Guardian Consents *Incomplete*
- Play for Keeps Acknowledgment *Incomplete*
- Sudden Cardiac Arrest Form *Incomplete*
- Concussion Information Parent and Student Verification Form *Incomplete*
- ASAA Physical History Form (OPTIONAL) *Incomplete*
- ASAA Physical Evaluation Form *Incomplete*
- Emergency Medical Information and Consent Form *Incomplete*
- Attendance Policies Form *Incomplete*

click on first form complete All

Athletic FORMS

Completion of These Forms is Required of Each Student

The forms below must be completed by both the student and a parent or legal guardian. Only after the Activities Director has reviewed and approved the completed forms will the student be allowed to participate in team activities.

Status Legend

- Awaiting Student Signature:** The student needs to log into their account to review and sign the form
- Awaiting Parent Signature:** The parent needs to log into their account to review and sign the form
- Pending Staff Approval:** The form is now waiting for the Activities Director at your school to review and approve the form
- Declined:** Staff has Declined the form
- Complete:** This form has been approved by the Activities Director at your school

- Play for Keeps Acknowledgment *Incomplete*
- Parent/Guardian Consents *Incomplete*
- Emergency Medical Information and Consent Form *Incomplete*
- Attendance Policies Form *Incomplete*

click on first form complete All

Activity FORMS

Forms must be updated each school year

Physicals are valid for 18 months